

RMHC

Restrictions, Expectations and Instructions

- First, have you met the criteria to stay? Your Social Worker will be evaluating that with you.
 - Household or anyone who will stay at RMHC has been COVID free for 24 days.
 - Patient age, mileage to your address and diagnosis, will be determining factors.
 - No one with a conviction of domestic abuse, neglect or abuse of a minor, or on a sex offender registry in any state or county will be given access to the RMHC campus.
- After signing your release of information, the referral will be sent to the Staff at RMHC for review.
- These are the things you will need to do:
 - Call the RMHC Family Coordinator to do your Pre-Screening interview.
 - **423-778-4337** (leave a detailed message if she does not answer)
 - Remember! set up or clean out your voice mail so that we can call you back.
 - Weekday office hours are M-F 8AM-4PM except Wed. 11AM-7PM (2021)
 - Interviews will take less than 10 minutes and you may ask any questions that arise.
 - Schedule your check-in time
 - No check in will be performed without an appointment
 - Absolutely no check ins on Saturday or Sunday.
 - RMHC address: **200 Central Avenue, 37403**
 - Anyone who plans to check in *should* self-quarantine between approval and checking in RMHC
 - You must sign a statement agreeing to use heightened contagion precautions as a resident of RMHC
 - These include but are not limited to:
 - Properly masking, with nose and mouth covered, in all public situations.
 - Social distancing as much as possible inside enclosed areas.
 - *Approved* emergency returns to home (no more than once every seven days)
 - Curbside pick-up for supplies/pharmacy that RMHC does not provide
 - Secondary care givers can return to work and come back weekly if they agree to use *heightened contagion precautions* while away from RMHC.
 - Household members can visit or overnight with the resident if they have been prescreened by a staff member.
 - RMHC residents are required to spend 8 out of 24 hours per calendar day, 6 out of 7 days per week at their patient's bedside. (being inside the hospital is not the same as being at the bedside)
 - Residents are required to schedule and attend a short weekly meeting with the Family Coordinator to go over their needs, learn about House announcements and turn in a log sheet with the previous week's bedside visitations.
 - Only those approved individuals that have followed the residential procedures are allowed inside RMHC.
 - A daily health check will be required throughout your stay.



We are looking forward to helping you stay close to your child. Please help us stay open so that we can continue to afford every family possible this opportunity. If you have any questions or concerns, please reach out.

Michele Loyd
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